The Lions' Pride

SAINT LEO UNIVERSITY • FRIDAY SEPTEMBER 18, 2015 • VOLUME LVII NO. 4 • SINCE 1965

A Time to Remember, and to Move Forward

By Jonah Robertson and Matt Vandenburgh
Editor-in-Chief and Sports Editor

Nothing brings people together as much as great tragedy.

Fourteen years ago, such a tragedy took place, as almost 3000 lives were lost in the Sept. 11 attacks. The days and weeks that followed were the stage for innumerable acts of brotherhood and heroism from Americans, not just in New York City, but across the nation. People banded together to mourn those who were lost, to repair the damage done, and to attempt to figure out how to move forward.

Saint Leo University's current president, Dr. William J. Lennox Jr., was the superintendent of the United States Military Academy, or West Point, at the time of the attacks, and had a firsthand experience with the panic and chaos that followed.

"I had been superintendent for about as long as I've been superintendent here right now. So it was about a little more than two months in, and I was just getting to know the place," said Lennox. "I was in my office, and I remember my secretary saying 'something just happened down in New York City, that a plane hit one of the towers.' So I turned on a tv and just about that time the second plane hit and immediately I thought 'hey that's not a coincidence, something's going on."

After the initial shock of the attack, Lennox, and others, began to check with the Army and other departments to see if they could determine what happened. He quickly began taking procedures to protect his students, shutting down the school. There was some difficulty as some of the cadets wanted to be able to assist those affected by the attacks.

"One of the big challenges I had was: a number of the cadets started wanting to leave and immediately join the army and do whatever they were going to do," said Lennox. "The first talk I had with the core of cadets was when all 4000 were eating in the mess hall, the dining facility, I had to just tell them settle down, tactical patience, that they'd all have their turn and unbeknownst to me that they all would have their turn later on, some of those young men and women have been deployed overseas 3 and 4 years, they've really seen a lot. I'm really proud of the group that was there and the following groups that have done so much over the last few years."

Along with responding to the attacks, Lennox had to responsibility of comforting and consoling those who lost loved ones. He also had to try to track down the various cadets that were in the city when it was attacked, and in the Pentagon.

"One of the first things we had to do was check to see if anybody had lost anybody. At that time, I think there were no parents, but some of the relatives. Subsequently, we did have a cadet, maybe cadets come in that had lost parents in the Twin Towers," said Lennox.

In the days following the attacks, Lennox was met with a large amount of requests from his students to go and assist in the efforts in the city.

"The cadets also wanted to participate. They volunteered to go down and work through the rubble and help clean up. I had to hold some of them back from that because they were students, they had to go to class and everything else," said Lennox.

Even when dealing with all of this chaos, it was also necessary to focus on what areas might be future targets, and what areas should be protected and have heightened security. During some military raids, it was found that West Point, and various other locations, were on a list of high priority targets.

"We all took precautions, we literally closed the gates. Earlier we had 2 million visitors a year come to west point, and the gates were open, people would just flock in to see the academy," said Lennox.

Even though it has been over a decade since the September 11th attacks, it is still vitally important that Americans remember this tragedy. It is still an event to be learned from, both in regards to national security, and in how unexpectedly life can be turned on its head. Even though much time has passed, people should still keep a memory of this tragedy in the backs of their heads, so that it will not be repeated.

"I think it's important [to remember the attacks] for a number of reasons. I think, number one, it was such a tragedy, such an amazing tragedy that I think if you've been to New York City now and seen what they've done I think it's very appropriate. It's understated, but at the same time it's so impressive, and I think that that is a good way to tell that story," said Lennox; "About 1 percent of the American population has been fighting [overseas] and we all have a tendency to forget about that too, so it's a good chance to remember that there are still people over there, in Afghanistan and Iraq and a lot of them have been over there for years, on and off. It has an impact on them, it has an impact on their families, and it's a good time to remember them too."

The tragic beauty of the Sept. 11 attacks is that they showed how quickly people, Americans, will band together to help one another. Within minutes of the attacks people were scrambling to find ways to save those who were trapped. Firefighters, police, and even pedestrians were trying to help people, even amongst all the panic and destruction. So while the memory of September 11th will always be clouded by the death and tragedy that took place, it can also be a symbol of human cooperation.

"This is a day we can all gather together, and just remember what happened, and remember that we're one nation, and we're a great nation, we've done so much over the years. Sometimes we think too much on the negative side of America, but just think what we've done and the people we've helped in other nations, and it's a good day to just pause and think about all of us as brothers and sisters in this enterprise we call the United States," said Lennox.

Dr. Lennox joined the students in remembering the September 11th attacks.

Students gathered in prayer as Father Stephan lead a memorial service outside the Student Activities Building.

Photos Courtesy of Rikki-Ann Hussey

Dr. Lennox shares an emotional moment with the students attending the Interfaith Prayer Service.

Editorial

Breaking Down the Gaming Stereotype

By Austin Chiavaroli
Staff Writer

The gaming community is one that has been growing slowly for the past 30 years ever since the first game of Pong was created by Atari. Since then it has stretched to become one of the biggest social groups with countless games being created in a plethora of media. Though the gaming community is large, many of its members have kept their interests a secret from the public. A lot of this is due to the ridicule and criticism that media has aimed at this flourishing crowd, depicting a false image of what a gamer is.

Despite this, there is one thing that is helping gamers become more welcomed to the society. Marketing and merchandise has opened the bridge between gamers and the common public with T-shirts depicting game characters, cool knick-knacks of unique items found in games, and even household appliances and office items to display. Merchandise has found a way to make others question if gamers are what media has stereotyped them out to be. An example of this would be children and adults wearing shirts depicting games like Minecraft and Super Mario Bros. While they are in different age groups, they show that these games are for all ages.

The internet has also helped get these fandoms out into the world by video sites such as Youtube and Twitch. Due to these sites, gamers can entertain the public by playing specific games with comedic commentary. These "Let's Play's" have become a video genre of their own and have shaped the gaming community even more by their charity broadcasts and have even shown it is possible to get a job doing what they enjoy. With "let's players" reaching millions of people on the web, more websites such as CafePress, Spread Shirt, and Redbubble have been created to sell their merchandise.

Local stores such as Books a Million, Target, Hot Topic, and even Walmart, sell gaming merchandise to the public. While buying gaming merchandise online is discrete to the consumer, it can sometimes be costly. Local stores, on the other hand, while not discrete can be easier on the wallet. Either online or at a local store gamers have multiple outlets to get the items that they crave.

Marketing these products hasn't only helped gamers get out to the community, but movie and music lovers as well. Movie and band merchandise have also been sold to help let these individuals show off their love for the silver screen and their music playlists.

While the gaming community grows every day, there will still be people who are against it, think that it is a waste of time, and creates lazy individuals. What some may call laziness, others call creativity. Gaming provides experiences that go beyond reality and instill the player with a sense of adventure and wonderment that normally cannot be found in modern day life. So if you are a gamer, movie junkie, or band geek, don't hide yourself from society, embrace your interests and show them who you are. You might even find that there are more like you than you think.

Photo Courtesy of Austin Chiavaroli

Figures can be stylish for a office worker to keep at their desk showing off the games franchises they love.

Photo Courtesy of Austin Chiavaroli

Certain companies make small handbags and wallets for people to keep on their person to hold their cash and small items.

Correction

It was stated incorrectly in an editorial in the last issue that Sodexo managed Saint Leo's cafeteria food and meal plans. Saint Leo University Dining Services has been self-operated since 2010. In addition, an alumnus was quoted as saying a 15 meal plan existed at one time, and a 15 meal plan has never existed under the current structure.

Newsroom

33701 State Road 52 Saint Leo, FL 33574
Student Activities Building Room 125
Letters To The Editor

- 500 word maxium
- No profane or slanderous language
- Students: Include name and year
- Faculty: Include name and rank
- Please include a phone number to verify authorship
- We reserve the right to edit for grammar/spelling/libel or publish.
- Send submissions to **thelionspridenewspaper@gmail.com**

Jonah Robertson *Editor-in-Chief* **Nicholas Santos** *Managing Editor* **Annie Hays** *Layout Editor* **Erin Gaylord** *Online Operations Editor*

Amber Fink *Advertising Manager* **Rikki- Ann Hussey** *Staff Photographer* **Dakota Schwalbach** *Distribution Manager*

Page Editors: Annie Hays (*Arts & Entertainment*) **Craig Graves** (*Worldly Educator*) **Matt Vandenburgh** (*Sports*) **Jonah Robertson** (*Editorials*) **Nicole Alvarez** (*Campus News*) **Jessica Miller** ***(Lead Assistant)*** **Valerie Kasper** ***(Faculty Advisor)***

Science

Tips to Sleeping Peacefully

By Nicole Alvarez and Erin Gaylord
Campus News and Online Operations Editors

Sleeping is an extremely important part of the day for every human being, including university students. So why is it that many university students share the common problem of a lack of sleep? There are multiple reasons for this problem.

Sleep disruption is a common problem that is influenced by several differing factors. According to a study by Rahimian Boogar and Ghodrati Mirkouhi, the influences that cause a student to lose sleep can range from various physical, emotional, and social factors. A student's studying habits can influence how well the student may sleep later in the day or even if the student gets to sleep. Some other examples of what could influence a person's sleep are anxiety and stress levels, age, gender, education level, and one's scholastic schedule, according to Boogar and Mirkouhi.

Some side-effects of sleep disruption are a decline in one's immune system, changes in appetite, fatigue, a chance for increased psychological disorders, and potentially either academic or job performance disorders, maybe even both. The following are several tips a student can do to avoid these short and long-term side-effects and get a night's sleep.

If you're having trouble sleeping, one key component to a good night's sleep is having a sleep pattern. According to Terry Dadez, the Director of Health Services on campus, this means, go to sleep at the same time every day and wake up at the same time every day; this includes weekends. This means to avoid studying late into the night and early morning past the usual time you fall asleep. This will help your body get into the habit of when to go to bed and when to be awake and alert. This will also make it easier to fall asleep quickly.

Pick up a book some time and turn off all electronics around the same time every night as well, preferably about an hour before bedtime. The reading will help relax the mind and turning off all of one's electronics will eliminate any possible distractions during this period. Doing these things will help your body wind down before it's time to sleep. If possible, remove all electronics from the room you're sleeping in. Any noise or light could disrupt sleep. Light disrupts the natural circadian rhythm according to director Dadez.

Dadez explains that the Circadian Rhythm is the pattern of light and darkness. It is the pattern of the moon and sun and how your body knows when it is daytime or nighttime based on the position of the sun and moon. Artificial light within your room during sleep can affect your Circadian Rhythm, and cause your body to not get deep enough sleep leaving you restless throughout the day. This is due to the fact that the artificial light is confusing your body and mind into thinking the sun is still in the sky and it is still daytime when it is in fact nighttime.

Terry Dadez advises against using any chemicals to help induce sleep because it can become a force of habit, and over time, your body will get used to it and they will no longer work. Some sleep medications can even become addictive and students become dependent on the pills for sleep. This could become dangerous in the case of an emergency if you need to be given medications to sleep.

"You can't take a pill to replace sleep," said Terry Dadez.

Many times students will stay up all night studying, and Dadez said you don't really retain the material that you have studied. The information you studied is typically only retained short-term, and a lot of the information will be quickly forgotten. This also forces students, especially medical students, to continuously study the same material over and over again to relearn, for a short time, the information. This defeats the entire purpose of studying in the first place. The best practice for studying is to learn the information little by little and get your required amounts of sleep so that your mind can retain the information the first time around.

If your sleeping habits have been disrupted for more than a couple weeks, you may have a sleeping disorder. Sleep disorders are the medical disorder of a student's natural sleeping pattern and the type of sleep disorder can range from anything like insomnia to sleep talking. If you believe you may have a sleep disorder there are easy methods to verifying it or not, doctors could do a sleep study or a behavioral study. For these studies, doctors will study your sleeping patterns and learn from the results if you do have a sleep disorder and what kind it is. This will give more information on why you are not able to fall asleep or stay asleep, and the treatment will be better fit for you.

"Sleep is the best medicine for your body," said Dadez.

According to Dadez, if you're not feeling great get a little bit of extra sleep and drink water. Even if you only have time for a quick nap, the sleep pods in the Apartment 5 Relaxation Room are free of use and easily accessible. One of the reasons why sleep is the best medicine for your body is because it allows your body a time to rest and focus on healing whatever needs the attention.

Sleep deprivation is a serious thing for college students trying to earn good grades and find good, well-paying jobs after graduation. A study by Daniel Taylor, Karlyn Vatthauer, Adam Bramoweth, Camille Ruggero, and Brandy Roane, has linked sleep deprivation to lower GPA scores and fewer opportunities for graduating students to find well-paying jobs. So it is best to keep the tips mentioned earlier in mind to help keep GPAs up.

The sleep pods have adjustable timers that will wake the sleeper up when they choose, which is ideal when there is a break in between classes.

Many students take naps in the sleeping pods to feel rejuvenated and more focused.

The sleep pods play soft and soothing music to aid in sleep and provide a private space.

Photos Courtesy of Nicole Alvarez and Erin Gaylord

Science

Whenever Weather Attacks

By Dakota Schwalbach
Distribution Manager

As the ten year anniversary of hurricane Katrina's destruction has recently passed, it is important to remember the damage caused in the wake of a category 3 hurricane. Many students who attend Saint Leo have never experienced a hurricane as they either live out of state, or out of country where the risk of a potential hurricane is much lower. As such, there are many students who may be unsure as to what precautions to take in order to keep themselves safe during a hurricane.

"We constantly track storms using the weather station we have on campus," said Jose Caban, Director of Plant Operations.

With the abilities of current technology hurricanes can often be tracked for several days, and warnings will be issued through Campus Safety. Saint Leo University believes it in the best interest of students who live close enough to campus to return home in the case of a hurricane warning. For those who cannot return to their homes or families at such point and time that a hurricane watch, or warning, is issued, Saint Leo has several emergency procedures that will come into effect.

Initially, information regarding the severity and required actions will be distributed via the main University web page, flyers posted centrally in all residence halls, sent to student's campus email, and provided to RA staff. Depending on the severity of the storm a "shelter-in-place" warning may be issued. In this case students will be required to move to a designated location with regards to their current housing assignment. These make shift shelters will be operated by student services and will provide food in limited quantities so as to outlast the storm if need be.

Hurricane watches are warnings issued when a hurricane is considered to be a possible threat to impact the area within the following 24 hours. Once a hurricane watch is in place students departing campus must check out with their RA and inform them as to with whom they will be staying as well as contact information. Additionally students departing campus must prepare their room following a set of guidelines provided by their RA.

In the case of a minor hurricane or indirect hit, students who need to relocate due to remaining on campus will

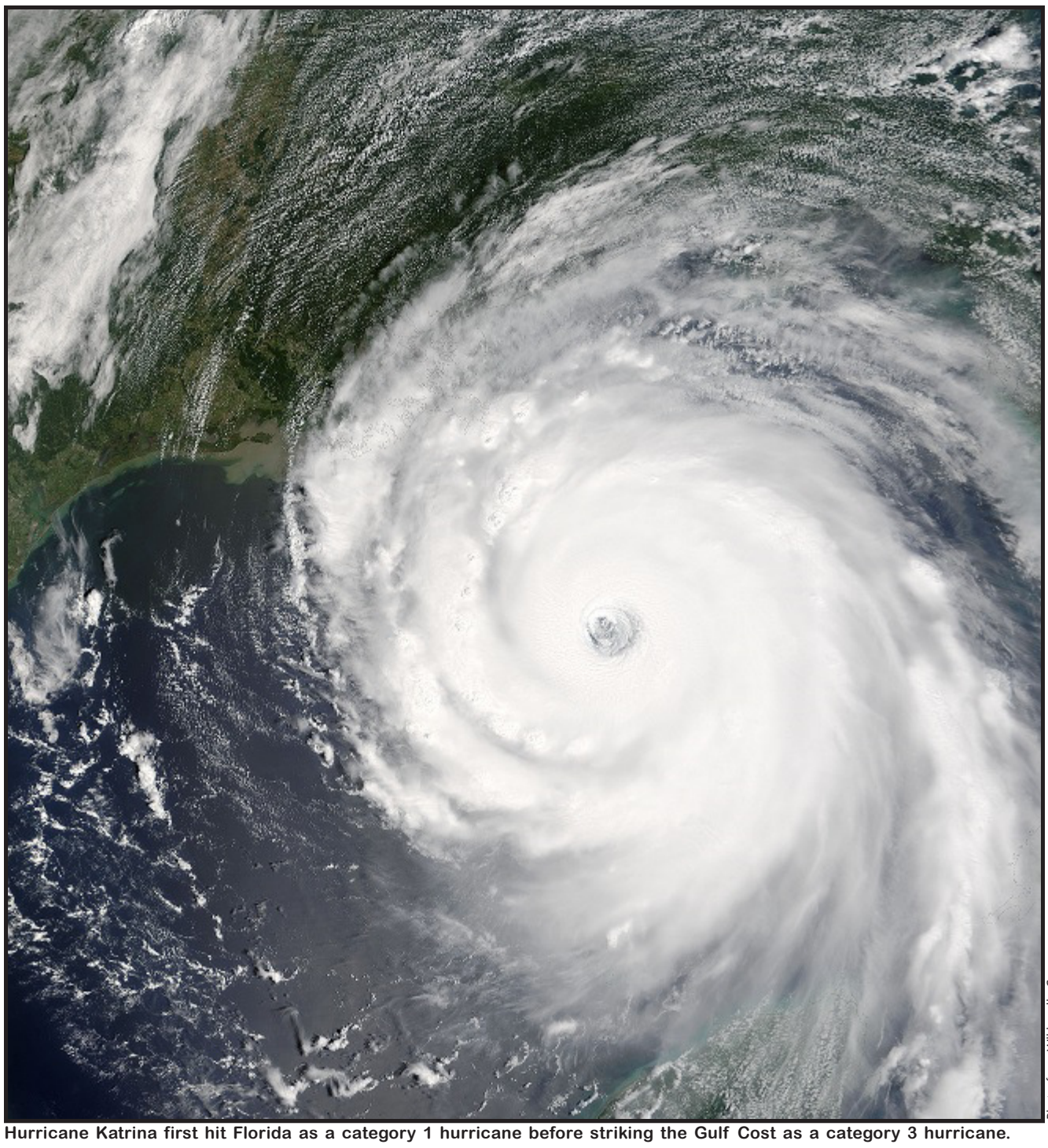


Photo from Wikimedia Commons

Hurricane Katrina first hit Florida as a category 1 hurricane before striking the Gulf Cost as a category 3 hurricane.

Photo courtesy of Dakota Schwalbach

Lewis Hall, with its cinderblock walls and minimal windows, can provide a safe haven for anyone during harsh or inclimate weather.

Science

need to adhere to the following assignments. Students in Marmion, Snyder, Henderson, and Benoit will remain in their respective residence halls. Students in the Roderick and Alumni residence halls will relocate to Apartment 6. Students in Apartments 1 and 2, as well as students who reside on east Campus will relocate to Apartment 1. Students in Apartments 3 and 4 will relocate to Apartment 4. Finally, students in Apartments 5 and 6 will relocate to Apartment 6.

In the case of a rated hurricane, designated as categories one through five, students would be relocated to one of three buildings for their safety. Students would be asked to take shelter in Lewis Hall, the Marion Bowman Activities Center, and Saint Edward's Hall as these buildings are made of poured concrete in order to withstand severe weather.

"Lewis Hall is a fortress," said Caban.

A hurricane warning will be put into effect when a hurricane is expected to strike an area in 24 hours (or less). There is a chance that all residence halls will be evacuated in the case of a hurricane warning. All students are requested to return to their homes if possible. If this is not a feasible option students will be relocated to the nearest hurricane shelter. Residents must inform their RAs if they plan to return to their homes, and provide their RAs with proper and current contact information. Several steps will be taken to prepare rooms in resident halls prior to evacuation. These rules may vary between residence halls and will be explained in detail by RAs.

"Saint Leo is set up to function using a series of wells, so we will always have water," said Caban. "The campus is also equipped with two main generators to power lights and other amenities to select buildings during a hurricane."

When relocating to a hurricane shelter it is important to remember that they are not designed for the comfort of occupants, but rather their safety. When relocating to a temporary shelter students should pack only what is necessary. Students should bring a pillow, blanket or sleeping bag, an extra pair of glasses or contacts, cards, board games, books, a flashlight with fresh batteries, a form of identification, enough cash to last for two weeks, toiletries, sweatshirts, snacks, a music player with headset, bottled water, and a cell phone. It should be noted that cigarettes, alcohol, and any device that is required to be plugged in for operation will not be allowed into a temporary shelter.

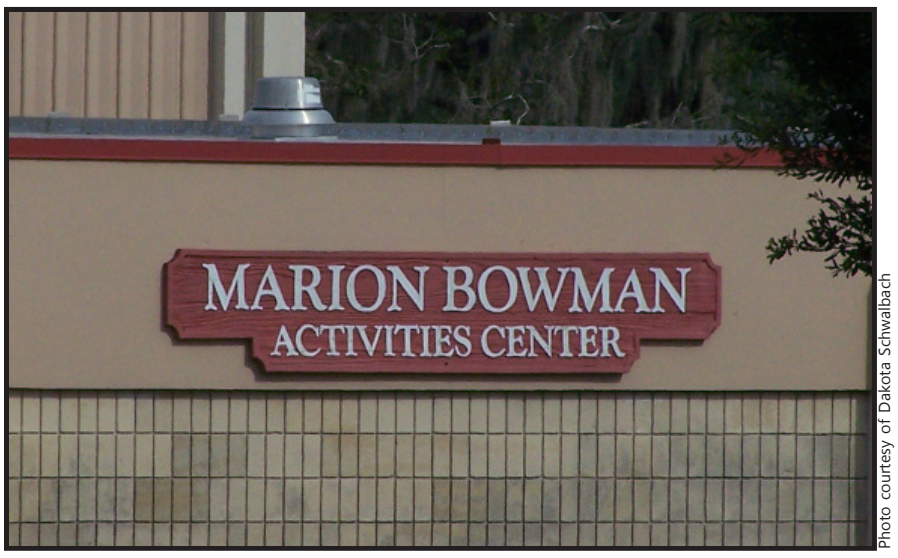


Photo courtesy of Dakota Schwalbach

The Marion Bowman Activities Center is one of the largest buildings on campus and is capable of hold many people to help shield them from the raging storms.

Once the hurricane has passed it is important for residents of the shelter to remain indoors until the "all clear" is declared by an authorized University official. Students should be careful to stay away from downed power lines; even though the power may be off in the local area, there is a chance the line may still be "live" and has the potential to cause serious injury or death. Students should not call 911 unless there is a life-threatening emergency, and should instead call the campus safety number that can be found around campus. Damages and utility interruptions should be reported to Residence Life, and students should avoid drinking tap water after a hurricane until they are instructed that it is safe to do so.

Much of this information, and more, can be found through the Saint Leo University main web site, and should be available as a printed packet from the Residence Life office.

Photo courtesy of Dakota Schwalbach

St. Edwards Hall, though it is one of the oldest buildings on campus, is still a sturdy structure capable of withstanding almost any calamity.

Live

Learn

Pride-online.net
Twitter.com/TheLionsPride
facebook.com/TheLionsPrideNewspaper

NEED AD SPACE?

We've got you covered.

SIZE	1 ISSUE	3 ISSUES	6 ISSUES
FULL PAGE	$200	$180	$160
HALF PAGE	$125	$113	$100
QUARTER PAGE	$75	$68	$60
ONE-EIGHTH	$50	$45	$40

For more information, contact Amber Fink at
thelionspridenewspaper@gmail.com
These rates are campus pricing only.

Arts & Entertainment

Let's Swoodle; The Future of Group Projects

By Rebecca Maldonado
Contributing Writer

Imagine being able to do group projects without ever having to leave the comfort of your own room. Well, now there's an app for that. Kris Nixon (Content Crafter) and his team at DisplayNote Technologies have created Swoodle, a completely free messaging app that allows for document sharing, voice calls, and video communication all in one place.

DisplayNote Technologies itself creates collaborative education software. The idea for Swoodle came about when half of Nixon's team was in Belfast and the other half was in Spain. In order to communicate and work on projects they used a variety of different mediums to stay in touch. That is, until they decided to create an app that does it all.

It was created with the idea of real time collaboration in mind and took roughly a year to create. Instead of using traditional email, students and creators are able to upload and share pictures and documents instantly, making edits and sharing opinions in real time. It is a great resource when doing group projects and everybody has different schedules and are unable to meet at one place and time.

"Real time means real time," Nixon said. "With Swoodle, the fuss of meeting is taken away."

Students can import and share files from a variety of sources such as Dropbox and Google Drive. The document then synchronizes across the multiple devices which have synched up to the app. It is then that the students can go in and write their comments and share their opinions, completing assignments that would have normally taken a few hours or a day in just a few minutes.

Swoodle is also a potentially great tool for teachers, as well. With the Doodle feature, teachers are able to share lectures and notes with students that are connected with the app. The doodle page acts as a white board where teachers could potentially lecture and post notes for students that are unable to attend class.

The app does a great job of connecting those not only a few hours apart, but countries apart as well.

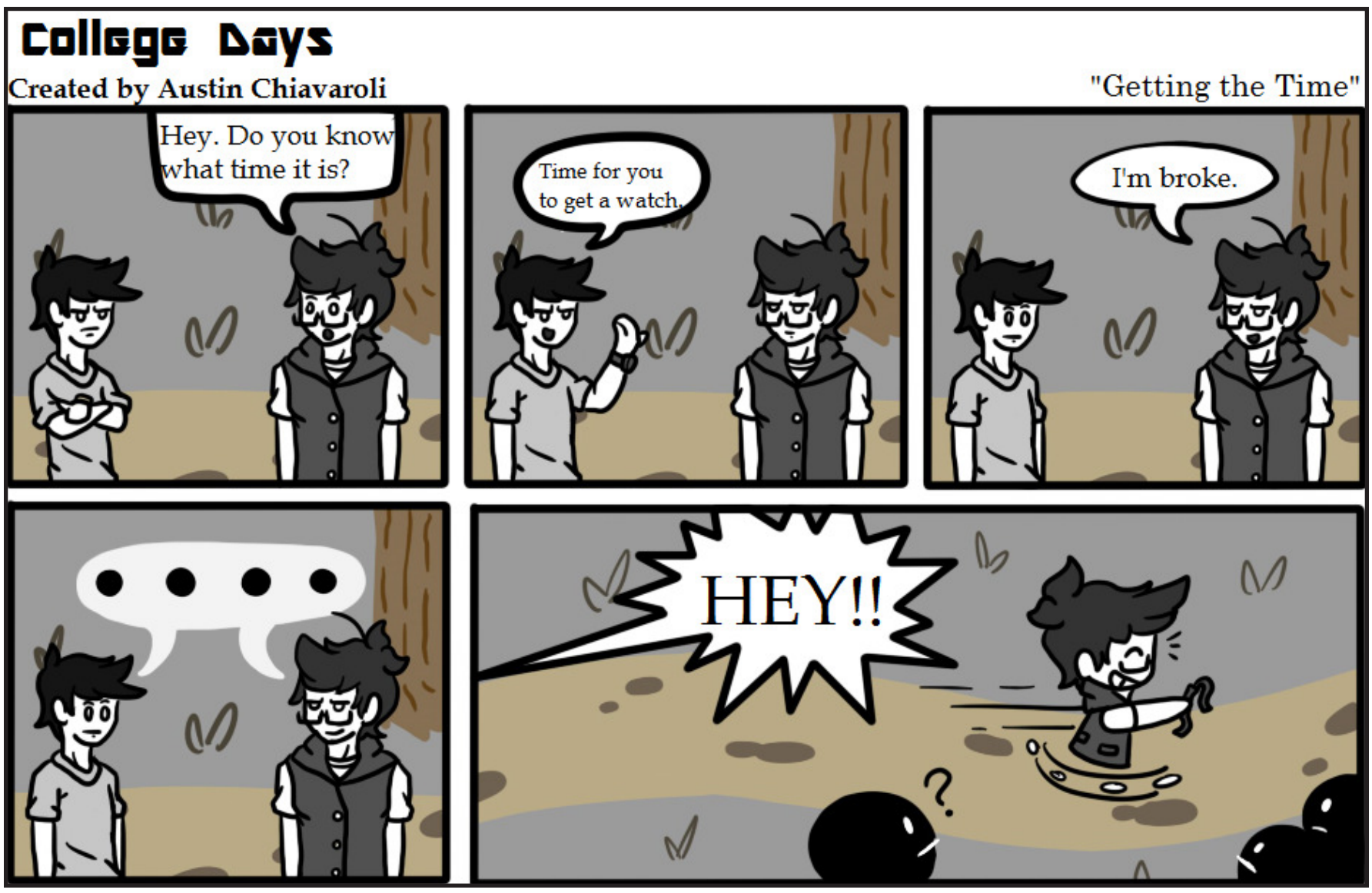
"A father on an oil rig in the middle of the ocean could connect with the app and help his son all the way home with his math homework," says Nixon.

The app is available for download on the App store for iPhones. The tentative release date for Androids is September 18. By the end of the year, DisplayNote Technologies hopes to have a desktop version available.

Swoodle is available now on the Apple App Store for those interested in giving it a try.

Photo Courtesy of Kris Nixon

The Swoodle app will become available for Androids on the Google Play market. Students will be able to work from tablets and phones in the convenience of their own homes.



Sports

Saint Leo – Inspired in Victory

By Matt Vandenburgh
Sports Editor

Not even a torrential downpour stopped the Saint Leo men's soccer team from honoring teammate Jules Verdin with a resounding 5-1 victory Sat. Sept. 12, against Warner University.

Following a 30 minute delay due to lightning in the area, there was a moment of silence held for Verdin, who passed away earlier this summer.

"Coming back here and playing our first home game in front of our own fans, kind of for him, was really nice. It kind of gets us going, this whole season is pretty much devoted to him," said senior captain Matt Campbell.

What followed was an exhibition in sound team play. Three players netted goals for the Lions, two apiece from juniors Maximilian Schulze-Geisthovel and Matthias Katerna, and the first goal of the night, from junior Bafou Sanogo. They were aided with two assists from Campbell, who connected with two flawless crosses, allowing both Schulze-Geisthovel and Katerna easy goals.

With these two goals, Katerna now has five goals in the three games played this season, a phenomenal start to the young season.

Head Coach Keith Fulk talked about the way his team played, especially the first half, in which the Lions scored four of their five goals.

"I was pleased with the effort, especially in the first half, and the mentality, once we went up we continued to jump on them and continued to go forward and continue to want to score, that was a big thing," said Fulk.

Freshman goalkeeper James White was left mostly alone, dealing with only three shots on goal, managing a stop on two before giving up a rebound goal.

"It's hard for a goalkeeper when your team dominates possession and you have to try and stay switched on the whole half, that's very important, playing in goal," said White.

White found a way to stay connected with the game, shouting directions and encouragement to his teammates down the field. Acting like an on field coach, his guidance helped the Lions dominate possession, which showed in the 12-3 shot on goal differential, something that made it practically impossible for Warner to recover.

The Lions (2-1) seek to continue their two game winning streak in a tough game at #1 Lynn University, Sept. 19. Their next home game will be Sept. 26, against Barry University.

Scores This Week

M Soccer

9/12: W 5-1 Vs Warner U

W Soccer

9/11: L 5-2 Vs Christian Bros. (@ Livingston, Ala.)

9/13: L 1-0 @ West Ala.

W Volleyball

FSC/Terrace Hotel Classic, hosted by Florida Southern

9/11: L 3-0 Vs Central Oklahoma

W 3-1 vs #24 West Texas A&M

9/12: W 3-0 vs Merrimack

Photo Courtesy of Cassidy Whitaker

Left: The starting lineups for both teams, bowing their heads in a moment of silence for deceased player Jules Verdin.

Photo Courtesy of Matt Vandenburgh

Above: The Lions roared with a large, early lead.

Men's Golf Predicted to be Successful Again

By Rafal Matuszczak
Contributing Writer

After the Saint Leo men's Golf had finished their last season as the semifinalist in the NCAA Championships, this fall, the Golf Coaches Association of America (GCAA) in Norman, Okla., has ranked the team as number seven in the annually announced Bushnell Golfweek Preseason Division II Coaches Poll. The Lions advanced thirteen spots from the twentieth place in the last year's ranking.

In Spring 2015, Saint Leo was one of three Sunshine State Conference institutions to be among the top-four teams in Division II. In the released Poll, the Lions are behind four other schools that compete in the conference.

The defending national champion, Nova Southeastern, received 16 first-place votes and holds the first spot on the list, followed by another SSC school, Lynn. USC Aiken is the last school to be on the podium. The other top-ten teams include Barry, Central Missouri, Florida Southern, Saint Leo, Chico State, Simon Fraser, and CSU Monterey Bay, respectively. All of the eight quarterfinalists from the last spring's NCAA championships are ranked in the top-ten.

During the upcoming season, all Saint Leo players who participated in the NCAA Championships will continue their career. What is important, two of the returners, Joey Savoie and Ryan Gendron, have been named PING All-Americans. The recognition indicates that the individuals are among the top-forty players in Division II institutions. Therefore, their contribution to the team's performance in the last season was significant.

Considered that in the last nationals the Lions were among top-four teams in the country, placing the team on a seventh place in the ranking might seem to be harmful to them. Nevertheless, the ranking is a result of coaches' votes, so first place on the list does not guarantee a successful season.

"Being ranked inside the top 10 in the country is always nice. Do I think we are better than the 7th best team? – Yes, but my opinion is a little biased", said the Lions' head coach, Christopher Greenwood.

Even though having a team that is being recognized on the national level is a big achievement for the coaches as well as the players, the golfers themselves are not very concerned about rankings.

"It's a preseason poll, and it may motivate the guys a little. But ultimately, I think we are more focused on results than other coaches' opinions", added the Coach.

The championship season does not start until next spring. However, the Lions will start their campaign at Columbus State Cougar Invitational in Columbus, Ga. on Monday, September 21. According to coach Greenwood, the fall will count the same as spring, and the team will strive to win every tournament.

In regards to the men's opponents, one of the most difficult teams to defeat can be the leader of the preseason poll, Nova Southeastern. "They won the national championships last year. They'll be good again this year", admitted the Coach.

Apart from the ranking, the team wants to play another good season. Conforming to coach's Greenwood statement, the men would like to repeat the last year's success in the NCAA Championships. However, this year, the ultimate goal will be the final round of the nationals. If the Lions manage to achieve this goal, it will be the highest score for men's golf in Saint Leo's history.

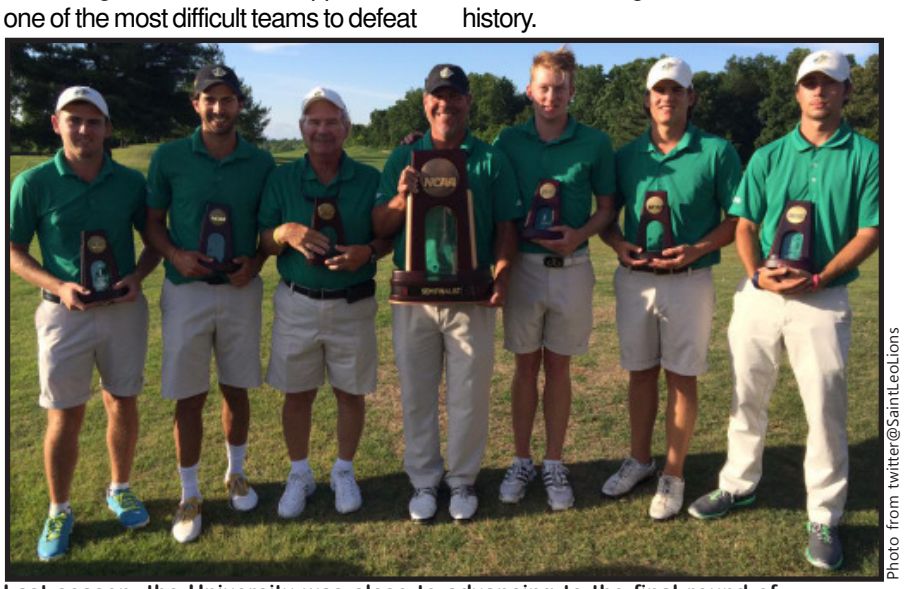


Photo from twitter@SaintLeoLions

Last season, the University was close to advancing to the final round of nationals. Once the new season starts, the team will get another chance.